

February 14, 2017

# HNHB LHINsight

## Apply Today: Patients & Caregivers Invited to Join Ontario's Patient and Family Advisory Council

Ontario is establishing a **Patient and Family Advisory Council** to advise the government on health priorities that have an impact on patient care and patient experiences in Ontario.

The council will involve patients, families, and caregivers in the policy development process, ensuring that their needs and concerns are understood, and will help the health system become more responsive, transparent and accountable. Members of the council will be chosen through an open public process and will represent Ontarians from across the province.

[Watch Minister Hoskins' Patient and Family Advisory Council Recruitment Video.](#)



The recruitment process for the Chair and members of the Patient and Family Advisory Council is now underway.

### Learn More

- [Patient and Family Advisory Council Chair recruitment](#) – Deadline to apply is **March 8, 2017**
- [Patient and Family Advisory Council member recruitment](#) – Deadline to apply is **April 10, 2017**
- [Ontario Establishing Patient and Family Advisory Council](#)
- [Frequently Asked Questions](#)

If you have additional questions, please contact [patientfamilyadvisorycouncil@ontario.ca](mailto:patientfamilyadvisorycouncil@ontario.ca).

## Donna's Blog: February 2017



Over the past year it has been inspiring to observe Indigenous issues, specifically those addressing inequities facing Indigenous Peoples, taking on an increasing level of importance in discussions and policy decisions at the national, provincial and local levels.

Promised investments in Indigenous housing, infrastructure, education and health care initiatives and commitments stemming from the [Truth and Reconciliation Commission](#)'s Final Report provide renewed hope for substantive change. These recent developments are also framed by heart-breaking stories emerging from communities like Attawapiskat that remind us that the issues are multi-faceted and complex – that, while there are no quick fixes, there is an urgent need for immediate action in these communities. The legacy of systemic racism and discrimination continues to have a dramatic impact on Indigenous Peoples and communities.

While improving the health care experience and health outcomes of Indigenous Peoples continue to be a priority for the Hamilton Niagara Haldimand Brant LHIN, we still have a long way to go. Indigenous Peoples, whether living on reserve or in urban or rural communities, are more likely to be impacted by social determinants of health and as a result have significantly lower life expectancies and higher rates of chronic illness. They face greater barriers to accessing care than other residents and, more often than not, receive care within a health system that does not fully understand or respect their cultures and beliefs.

In the recently passed Patients First Act, 2016, cultural sensitivity and the delivery of health care services to Indigenous Peoples figure prominently - the inclusion of Indigenous voices in health system planning and service delivery is one of the five major components of the new legislation and aligns with work already underway in our LHIN. This focus recognizes that engaging Indigenous communities is essential to finding solutions that reflect cultural identity, holistic health and community values.

By listening and learning from local communities, the HNHB LHIN plans to continue focusing on the holistic health needs of Indigenous Peoples and how these needs can be incorporated into mainstream programs and services. Foundational to this focus is strengthening relationships and partnerships that contribute towards improving the health outcomes for present and future generations.

In collaboration with the HNHB LHIN Indigenous Health Network (IHN), the LHIN is working to develop population-based strategies aimed at improving health and wellness of Indigenous Peoples, as well as culturally safe and inclusive health care environments that meet their unique needs.

[Continue reading the blog post by clicking here.](#)

# HNHB LHIN Board Welcomes New Director Saqib Cheema

Laurie Ryan-Hill, Acting Chair of the Hamilton Niagara Haldimand Brant Local Health Integration Network (HNHB LHIN) is pleased to announce the three-year appointment of Waterdown resident Saqib Cheema to the Board of Directors.

Mr. Cheema, a Certified Management Accountant who has also earned his Chartered Professional Accountant designation, brings technical knowledge, financial expertise and a corporate governance background to the board. He currently serves as Partner with BCM Partners LLP, an accounting and financial services firm providing business advisory services to small and medium sized enterprises. Mr. Cheema's financial background also includes time spent as Chief Financial officer with Specialty Data Systems Inc. and Senior Financial Analyst with Specialized Media Sales Inc.

Mr. Cheema has previous governance experience in the non-profit sector, having served as Board Chair of the Compassion Society of Halton. He has also received Chartered Director designation through the Conference Board of Canada and Degroote School of Business at McMaster University's Directors College. Mr. Cheema is active within the community having volunteered with Futurpreneur Canada as a mentor for young entrepreneurs, and as Treasurer with Toastmaster's International District 86. He is a member of the Canadian Association of Management Consultants and the Institute of Corporate Directors.

This three-year appointment was made February 2, 2017 by the Lieutenant Governor in Council and endorsed by the Minister of Health and Long-Term Care, the Honourable Dr. Eric Hoskins.

[Read the media release by clicking here.](#)

"I am very pleased to welcome Saqib to the HNHB LHIN Board of Directors. With his accounting background, executive experience and Chartered Professional Accountant designation, he brings a unique and highly valued skill-set to the LHIN board."

**Laurie Ryan-Hill**  
**Acting Chair, HNHB LHIN Board**

"Our health system is in the process of undergoing significant change that will require strong leadership and prudent decision making as we continue to meet the needs of patients and families. I look forward to working with the board and contributing to the future direction of health care planning and funding for communities across our LHIN."

**Saqib Cheema**  
**Director, HNHB LHIN Board**

## QUICK FACTS

Members of the HNHB LHIN Board of Directors are responsible for directing the LHIN's affairs, its direction and policies and providing oversight in accordance with applicable legislation, approved strategic and business plans, and accountability agreements with the Ministry of Health and Long-Term Care.

The Chair and the Directors are appointed based on their expertise, experience, leadership skills and the needs of the LHIN and, through the Chair, are accountable to the Minister of Health and Long-Term Care.

# Register Today: Community Gathering to Improve Health Care for Indigenous Peoples in Brantford - March 3

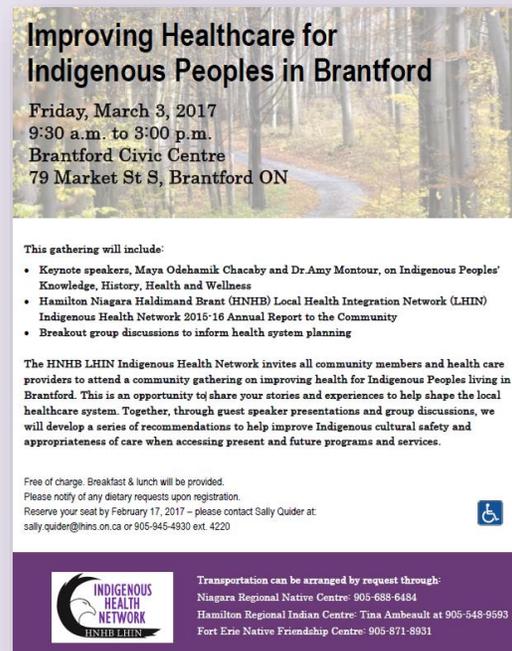
The Hamilton Niagara Haldimand Brant LHIN Indigenous Health Network (IHN) invites all community members and health care providers to attend a community gathering March 3 on improving health for Indigenous Peoples living in Brantford.

This is an opportunity to share your stories and experiences to help shape the local health care system. Together, through guest speaker presentation and group discussions, we will develop a series of recommendations to help improve Indigenous cultural safety and appropriateness of care when accessing present and future programs and services.

The gathering will include:

- Keynote speakers, Maya Odehamik Chacaby and Dr. Amy Montour, on Indigenous Peoples' Knowledge, History, Health and Wellness
- HNHB LHIN Indigenous Health Network 2015-16 Annual Report to the Community
- Breakout group discussions to inform health system planning

Please reserve your seat by **February 17, 2017** by contacting: Sally Quider at [sally.quider@lhins.on.ca](mailto:sally.quider@lhins.on.ca) or 905-945-4930 ext. 4220



**Improving Healthcare for Indigenous Peoples in Brantford**

Friday, March 3, 2017  
9:30 a.m. to 3:00 p.m.  
Brantford Civic Centre  
79 Market St S, Brantford ON

This gathering will include:

- Keynote speakers, Maya Odehamik Chacaby and Dr. Amy Montour, on Indigenous Peoples' Knowledge, History, Health and Wellness
- Hamilton Niagara Haldimand Brant (HNHB) Local Health Integration Network (LHIN) Indigenous Health Network 2015-16 Annual Report to the Community
- Breakout group discussions to inform health system planning

The HNHB LHIN Indigenous Health Network invites all community members and health care providers to attend a community gathering on improving health for Indigenous Peoples living in Brantford. This is an opportunity to share your stories and experiences to help shape the local healthcare system. Together, through guest speaker presentations and group discussions, we will develop a series of recommendations to help improve Indigenous cultural safety and appropriateness of care when accessing present and future programs and services.

Free of charge. Breakfast & lunch will be provided.  
Please notify of any dietary requests upon registration.  
Reserve your seat by February 17, 2017 – please contact Sally Quider at: [sally.quider@lhins.on.ca](mailto:sally.quider@lhins.on.ca) or 905-945-4930 ext. 4220

Transportation can be arranged by request through:  
Niagara Regional Native Centre: 905-688-6484  
Hamilton Regional Indian Centre: Tina Ambeault at 905-548-9593  
Fort Erie Native Friendship Centre: 905-871-8931



[View flyer for details.](#)

## Health System Integration Updates from Ministry of Health and Long-Term Care

The Ministry of Health and Long-Term Care (ministry) recently began issuing **Health System Integration** updates to share information about the work supported by the *Patients First Act, 2016*.

To date, three updates have been issued:

- [January 27, 2017](#)
- [February 3, 2017](#)
- [February 10, 2017](#)

These updates are available on the ministry's website at: [http://www.health.gov.on.ca/en/news/bulletin/2017/hb\\_20170127.aspx](http://www.health.gov.on.ca/en/news/bulletin/2017/hb_20170127.aspx)



**Health System Integration**  
**Intégration du système de santé**



# Ontario Providing Faster Access to Mental Health Services for Thousands of People

On February 8, 2017, Dr. Eric Hoskins, Minister of Health and Long-Term Care, announced the province is investing \$140 million over three years in more psychotherapy, services for youth and supportive housing ([click here to read the media release](#)).

This investment will support:

- More access to therapy to help thousands of people living with conditions like anxiety and depression learn strategies to improve their mental health and be more successful in their daily lives. Ontario is working with Health Quality Ontario and other stakeholders to develop a provincial structured psychotherapy program, while also supporting the expansion of structured psychotherapy offered through existing partners. Structured psychotherapy offers evidence-based therapies, such as cognitive behavioural therapy, to people online or in-person through individual or group sessions.
- Up to nine hubs where young people aged 12 to 25 can receive walk-in, one-stop access to mental health and addictions services, as well as other health, social and employment supports under one roof. These integrated youth service hubs help with early identification and intervention to prevent more serious issues from developing later in life. Funding will help expand and improve youth service hubs, while exploring the creation of up to five new sites across the province.
- Up to 1,150 additional supportive housing units across Ontario for people living with mental illness and addictions, especially those who are homeless or at risk of becoming homeless. These housing units would provide a secure and affordable place to live, as well as services such as counselling.

**Ontario's plan to transform our mental health and addictions system will ensure that every person in Ontario who needs it will have access to high quality, evidence-based care that is accessible and equitable. By expanding effective mental health and addictions services, people living with mental illness and addiction will be able to access services in their community earlier, helping to address challenges before they become a crisis.**

Dr. Eric Hoskins  
Minister of Health and Long-Term Care

The province is working to transform the mental health and addictions system into one that is equitable, high-performing and recovery-oriented, where every person in Ontario can access consistent, high-quality services, no matter where they live. This includes ensuring mental illness is treated like any other chronic disease.

Expanding access to mental health and addictions services is part of the government's plan to build a better Ontario through its [Patients First: Action Plan for Health Care](#), which is providing patients with faster access to the right care, better home and community care, the information they need to stay healthy and a health care system that's sustainable for generations to come.

## Apply to Join the HNHB LHIN Board

Interested in making a positive impact on peoples' experience with the local health care system? Here's an opportunity!

Apply today to join the Hamilton Niagara Haldimand Brant LHIN Board of Directors:

[HNHB LHIN Board Director \(Part-time\)](#)

Deadline Extended: February 16, 2017

health care system

local decision-making

Brant Burlington Haldimand  
Hamilton Niagara Norfolk

improving the  
patient experience

accountability

quality, integration, value

# Did you know?

## 11 million

Canadians are currently living with diabetes or prediabetes

## In 3 minutes

Another Canadian will be diagnosed with diabetes

### Did You Know?

The Canadian Diabetes Association is now **Diabetes Canada**, effective February 13, 2017.



Diabetes Canada aims to change the seriousness with which diabetes is perceived and perceptions of its organization as the one committed to helping all Canadians with diabetes and to ending diabetes in Canada. *Diabetes Canada* lets the organization speak more clearly and boldly on behalf of people with and at risk of diabetes.

Learn more about Diabetes Canada at [www.diabetes.ca](http://www.diabetes.ca).

## Deadline Extended: 2017 Human Touch Awards



On January 6 2017, Cancer Care Ontario (CCO) kicked-off its planning for the 11<sup>th</sup> annual Human Touch Awards to recognize exemplary compassionate patient care by health care professionals, providers and volunteers in the cancer and kidney care systems. **The deadline for nominations has been extended to 5 p.m. Wednesday, February 15, 2017.**

[For more information, click here to visit the Cancer Care Ontario website.](#)

# CALENDAR

For all news and events - [Click Here](#)

**Thursday, February 16, 2017**

[Cognitive Behavioural Therapy: Challenging Negative Thinking](#)

Peach King Centre Auditorium  
162 Livingston Avenue, Grimsby  
2:30 – 4:30 p.m.

**Wednesday, February 22, 2017**

[HNHB LHIN Audit Committee Meeting](#) - **CANCELLED**

HNHB LHIN Office  
264 Main Street East, Grimsby  
12:00 noon

**Wednesday, February 22, 2017**

[HNHB LHIN Board Meeting](#)

HNHB LHIN Office  
264 Main Street East, Grimsby  
2:00 p.m.

**Thursday, February 23, 2017**

[Indigenous Cultural Safety Learning Series - Deconstructing Racism: Strategies for Individual and Organizational Change](#)

Webinar  
1:30 – 3:00 p.m.

**Friday, March 3, 2017**

[Improving Healthcare for Indigenous Peoples in Brantford](#)

Brantford Civic Centre  
70 Market Street South, Brantford  
9:30 a.m. – 3:00 p.m.

**Wednesday, March 8, 2017**

[2017 Stroke Prevention Update for Primary Care Providers](#) (Brant-

Haldimand-Norfolk)  
Devlin's County Bistro  
704 Mount Pleasant, Mount Pleasant  
5:00 – 8:00 p.m.

**Wednesday, March 22, 2017**

[HNHB LHIN Audit Committee Meeting](#)

HNHB LHIN Office  
264 Main Street East, Grimsby  
12:00 noon

**Wednesday, March 22, 2017**

[HNHB LHIN Quality and Safety Committee Meeting](#)

HNHB LHIN Office  
264 Main Street East, Grimsby  
2:00 p.m.

**Wednesday, March 29, 2017**

[HNHB LHIN Board Meeting](#)

HNHB LHIN Office  
264 Main Street East, Grimsby  
2:00 p.m.

**Wednesday, March 8, 2017**

[2017 Stroke Prevention Update for Primary Care Providers](#) (Hamilton-

Burlington)  
Rousseau House  
375 Wilson Street East, Ancaster  
5:00 – 8:00 p.m.



For a listing of Diabetes Education Program locations in the LHIN, visit our website <http://bit.ly/2eL00Rl>

Retweeted [@Jo\\_Brant](#): DYK We hold clinics 4 [#Paediatric](#) & [#Gestational](#) [#Diabetes](#)? We also house the [#BurlON](#) [#HaltonDiabetesProgram](#) <http://bit.ly/2kmlEyg>

Fantastic partnership that brings Mobile Crisis Rapid Response Teams to another community in our LHIN

[@StLeonardsC](#): St. Leonard's is excited to announce this new partnership with Brant County OPP [@OPP\\_WR](#) and [@BCHSYS](#) [https://www.st-leonards.com/agency/opp-mcrrt-press-release ...](https://www.st-leonards.com/agency/opp-mcrrt-press-release...)

The voices and experiences of patients and caregivers are what will help improve our health care system - thank you for sharing your wisdom

[@TheChangeFdn](#): Our [#PANORAMA](#) panel was 31 [#caregivers](#) & patients who shared their exp. in order to improve others'. Read more:



Amazing work and passion by so many people and providers in our community...proud to have been a part of it.

[@HamiltonFHT](#): We are very proud to have worked with [@wesleyurban](#) in helping Syrian refugees settle in [#HamOnt](#). [#HamOntFHT](#)

## Contact Us

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**Telephone:** 905.945.4930 or 1.866.363.5446

**Email:** [hamiltonniagarahaldimandbrant@lhins.on.ca](mailto:hamiltonniagarahaldimandbrant@lhins.on.ca)

## Connect With Us

**Website:** [www.hnhblhin.on.ca](http://www.hnhblhin.on.ca)

 **YouTube:** [www.youtube.ca/user/hnhblhin](http://www.youtube.ca/user/hnhblhin)

 **Twitter:** [@HNHB\\_LHINgage](https://twitter.com/HNHB_LHINgage)