

Ontario Supporting People Living with Mental Illness*The New Wynne Government Provides Housing and Services to Support Mental Health*

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Ontario is ensuring that supportive housing and mental health services continue to be provided to those who need them.

The province will help to support the At Home/Chez Soi project in order to maintain 216 supportive housing units and support services for 240 people living with mental illness. The four-year research project, led by the Mental Health Commission of Canada, is focused on reducing the growing number of homeless people affected by a mental illness. At Home/Chez Soi provides formerly homeless Ontarians with mental illness with access to independent housing through rent subsidies and mental health supports.

Ontario's comprehensive Mental Health and Addictions Strategy is focused on providing the right mental health care at the right time in the right place, and is part of The Way Forward in building a strong economy and a fair society for the benefit of all.

QUOTES

"Very few families are untouched by mental illness and addictions. Initiatives like the At Home/Chez Soi project and Bell's Let's Talk Day are challenging the stigma associated with mental illness and making a big difference in the lives of those who have struggled alone for too long."

- Deb Matthews

Minister of Health and Long-Term Care

"The link between chronic homelessness and mental illness is widely acknowledged, but not fully understood. This new investment by the Government of Ontario, which has been a champion of the Housing First approach for some time, is significant. It means that the people who have been helped by the At Home/Chez Soi project will continue to receive the support they need."

- Louise Bradley

President and CEO, Mental Health Commission of Canada

QUICK FACTS

- Ontario is announcing this investment on Bell's Let's Talk Day, which raises funds for and awareness of mental health across Canada, reaffirming its commitment to creating healthy, resilient and inclusive communities
- Since 2003, the province has increased funding for community mental health services by 95 per cent and increased funding for addiction programs by 58 per cent.
- Ontario funds 9,600 mental health and addiction housing units throughout the province.
- The government is currently in the second year of the \$257 million, three-year investment that will help over 50,000 children with mental illness and their families receive the support and treatment they need.
- On Bell Let's Talk Day, Bell Canada will donate 5 cents to mental health initiatives across Canada on behalf of customers for every text message sent, long distance call made, or tweet using #BellLetsTalk.

LEARN MORE

- Find out more about [mental health and addictions in Ontario](#).
- Read [Open Minds, Healthy Minds: Ontario's comprehensive mental health and addictions strategy](#).
- Learn more about the [Mental Health Commission of Canada](#).
- Visit Bell.ca/LetsTalk.

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